Broadmoor Hospital Seminar

Current & Topical Issues in Forensic Mental Health

Thursday 30th July 2015
9.30 am to 4.15 pm

Learning & Development Centre, Broadmoor Hospital, Crowthorne, Berkshire RG45 7EG

Today’s conference will feature presentations from a number of eminent international experts in Forensic Mental Health.

This conference is highly recommended for clinicians who care for patients with schizophrenia & personality disorder, long stay & difficult to treat patients and patients in psychiatric (including secure) settings. The objective is to provide an update on a range of developments in management of Forensic Psychiatric patients, and will cover both biological and psychological aspects of management.

1. Prof Don Grubin from Newcastle University will discuss the evidence base for pharmacological treatment in sex offenders.
2. Dr Nitin Gupta from India will provide an update on the current evidence base for rapid tranquillisation and its implications for clinical management of agitated and violent patients.
3. Dr Shaun Bhattacherjee, Consultant Forensic Psychiatrist, Broadmoor Hospital who has extensive experience in Mindfulness based therapies will provide an overview of this subject and discuss the utility of mindfulness based interventions in Forensic Psychiatric Practice.
4. Professor of Psychiatry Stephen Stahl from California, USA, will discuss the emerging concept of impulsive violence as a form of addictive behaviour, its neurology and implications for management.
5. Dr Katherine Warburton from USA Medical Director of California Department of State Hospitals draws from her experience and discusses the case for psychiatric violence to be re-conceptualised dimensionally as a primary syndrome.

- Conference fee: £90.00 (includes lunch and refreshments)
  Free for Trust employees (places limited)
- Free parking available
- To reserve a place please complete the booking form and email to: caroline.hampshire@wlmht.nhs.uk For WLMHT staff please book on The Exchange via Top Tasks / Book or Review My Training / Broadmoor LDC/ course title: “Broadmoor Hospital Seminar”.

Contact telephone numbers:
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Programme

9.30 am  Registration and refreshments

10:00 am  Welcome by Chair: Dr Amlan Basu Clinical Director, Broadmoor Hospital

10:15 am  Dr Nitin Gupta  Associate Professor, Department of Psychiatry, Government Medical College, Chandigarh, India
The current state of Rapid Tranquillization (RT) with a special emphasis on its use in the UK
Rapid Tranquillization (RT) is one of the modalities utilized for managing aggressive and/or violent behaviour amongst people suffering with mental disorders. Its use has been present for a long time, and is associated with a strong emotive component along with strong proponents and opponents for its use. Despite its share of controversies, RT continues to retain significant mention with guidelines being developed for its appropriate use. The presenter shall outline and examine use of RT across various countries in the world, especially the UK. He shall also try and highlight the modifications in the practice and guidance for RT in the UK. It is envisaged that by the end of the presentation, the audience shall be able to have a pragmatic view regarding the judicious and appropriate use of various types of psychotropics in RT for managing aggression and violence, especially in the forensic setting.

11.15 am  Refreshment Break

11.30 am  Dr Shaun Bhattacherjee  Consultant Forensic Psychiatrist, Broadmoor Hospital, West London Mental Health NHS Trust
Mindfulness: An overview of its utility in Forensic Mental Health
Mindfulness-based treatment approaches have attracted much interest over the past 5-10 years, partly due to their face validity and user acceptability, but also because of the growing body of robust empirical evidence supporting their therapeutic application in a wide variety of mental health settings.

But are they useful in Forensic Mental Health settings? And in particular, is violence reduction a valid application for mindfulness-based treatment approaches? This talk will provide an overview of the current evidence.

12:15 pm  Prof Don Grubin  Chair in Forensic Psychiatry Faculty of Medical Sciences, Newcastle University, UK
Honorary Consultant Forensic Psychiatrist, Northumberland Tyne and Wear NHS Foundation Trust
Medication and Sex Offending
Psychiatrists are often wary about prescribing anti-libidinal medication to sex offenders. This is partly because its aims are often not clear – is the purpose to reduce risk, or to treat a medical indication? There can also be uncertainty regarding assessment and treatment protocols and how to balance benefits with side effects. There is the additional confusion caused by commissioning issues, and whether this forms part of what mental health services are paid for. Progress has been made on all these issues, as will be described in the presentation.

1.15 pm  Lunch
Prof Stephen Stahl Professor of Psychiatry, University of California, San Diego, USA.
Honorary Visiting Senior Fellow, University of Cambridge, UK.
Editor-in-Chief - CNS Spectrums Director of Psychopharmacology and Senior academic advisor to the California Department of State Hospitals

Neural basis of impulsive violence: The Habit hypothesis
Impulsive violence is the most frequent form of violence in institutional settings, followed by predatory and psychotic violence. Impulsive violence is a dimension of psychopathology that cuts trans-diagnostically across numerous psychiatric disorders, including psychotic illnesses, impulsive illnesses and psychopathy.

Impulsivity may be a dimension of psychopathology representing dysfunctional reward processing, ultimately resulting in compulsive behaviours ranging from drug addiction to gambling, binge eating and impulsive violence.

The talk will discuss the concept of impulsive violence as an addiction and discuss the ‘habit hypothesis’, its neural basis and implications for clinical management in forensic psychiatric practice.

Dr Katherine Warburton Medical Director Deputy Director of Clinical Operations California Department of State Hospitals, Sacramento, CA 95814, USA

The Forensic Paradox: Managing violence as a psychiatric syndrome
In America, there appears to be a trend of increasing violence in psychiatric settings. Given that physical aggression is often now both a reason for admission and a barrier to discharge in our institutions, there is a case to be made for psychiatric violence to be re-conceptualized dimensionally as a primary syndrome, not as the by-product of one. Treatment standards and settings need to be enhanced to address the new types of violence exhibited in inpatient environments, and this modification needs to be geared toward balancing safety with treatment. Historically, institutional attempts to achieve this balance have proved paradoxical.

4.15 pm Close

Lunch and refreshments provided by Lundbeck Pharmaceuticals